



SPRING CLEANSE

INGREDIENTS

- 700 g aubergines
- 1 carrot, peeled and chopped
- 120 g grapes
- 1 orange, peeled and cut
- 100 ml water
- 10 g NUTRILITE All Plant Protein Powder

PREPARATION

1. Place all fruit and vegetables and NUTRILITE All Plant Protein Powder into your blender.
2. Blend until smooth.