



ACAI INVIGORATOR

This mouth-watering smoothie bowl is rich in vitamins and flavour. Best of all, it's easy to make and is simply perfect for those warm summer days.

INGREDIENTS:

- 70 g frozen acai
- 2 frozen bananas, sliced
- 150 g mixed berries
- 125 ml coconut water
- 1 sachet Nutrilite™ Fibre Powder
- Fresh berries and banana slices for serving (optional)

PREPARATION METHOD:

1. Place the acai, frozen bananas, mixed berries, coconut water and Fibre Powder in a blender.
2. Blend until smooth. Serve in a bowl and top with optional fresh berries and bananas.

iCOOK PRODUCTS USED:

- **Wooden Cutting Board**
- **5-Piece Knife Set**